



Academic Senate 2016-17

Minutes

September 20, 2016

Board Room

1:00 p.m.

Senators present: Lupe Alvarado, Robin Babou, Michelle Bean, Robert Bethel, Gina Bove, Brian Brutlag, Michael Dighera, Marie Eckstrom, Juan Fernandez, Raquel Flores-Olson, Theresa Freije, Alonso Garcia, Jose Gutierrez, Kathleen Hannah, Laura Harrison, Yuniore Hernandez, Jupei Hsiao, Jorge Huinquez, Mike Javanmard, George Kimber, Matt Koutroulis, Sheila Lynch, Jim Matthis, Greg Miller, Carley Mitchell, Juana Mora, Katie O'Brien, Tyler Okamoto, Dorali Pichardo-Diaz, Michelle Pilati, Kathy Pudelko, Rudy Rios, Jose Rodriguez, Stephen Smith, Shelly Spencer, Viviana Villanueva, Adam Wetsman, Jon Whitford.
Others present: Ryan Bronkar, Sergio Guzman, Elizabeth Ramirez **Guests present:** Teresa Dreyfuss, Jodi Senk

- I. **Call to Order:** 1:02 p.m.
- II. **Approval of Minutes:** September 6, 2016 minutes approved with corrections.
- II. **President's Report**
 - A. **President Dreyfuss** visited and observed the meeting.
 - B. **Board Policy/Administrative Procedures Process**—Senate president presented and reviewed new policy—Addendum A.
 - C. **DD214 (Veterans)**--Admissions needs to be able to code the requirement/3-award, which is a Banner issue. The proposed idea is to waive the PE requirement and award the 3 units of GE requirement for Area E. The PE department supported a decision in 2014 to waive the requirement. Dr. Senk brought research on importance of exercise (see Addendum B). The PE department would like to support what is in best interest of the students with concern for ongoing health and fitness. CSU Executive Order 1036 waives the requirement. Local requirements differ. Veterans will not receive funding to take the PE courses. A suggestion was made to educate the veterans about health and exercise at the Veterans Center. The Academic Senate Executive Committee will agendaize this issue for next meeting.
 - D. **Schedule Planner**—A new student tool on Access Rio called Schedule Planner has been implemented. The software generates 200+ choices based on student preferences and breaks needed. A few bugs have been noticed for priority registration students but generally a good tool. Administration also has access to the information to help plan and schedule courses.
 - E. **Enrollment**—The President has sent enrollment data to AS President: RHC has increased by 40 FTES from last year at same time. On our way to meeting our goal of 1% growth in FTES overall with intersession, spring, and summer.
- IV. **Unfinished Business**—none.



Academic Senate 2016-17

V. New Business—none.

VI. Committee Reports

- A. Academic Rank—deadline is 11/18/16 to John's mailbox.
- B. Basic Skills—an RHC team went to Basic Skills conference in Modesto, which included math, ENLA, and English faculty.
- C. Bookstore—Marie spoke to Andrea, bookstore manager, about stepping down; we need a new chair for this committee.
- D. Curriculum—considering a technical review sub-committee with representation from submitting departments to prepare documents before regular meetings. Sept 28 is deadline for substantial changes; Oct 17 for minor changes.
- E. FLEX/Staff Development—this week committee will be reviewing request for staff grants. Sent an email about open resources last week; please speak to your deans about an upcoming workshop at Santa Ana College for open resources.
- F. ITC—considering installing Adobe into video station to convert PDF documents.
- G. SLOs—TK20 has great tools, but we are still working on deciding how to use it for Fall 2017. SLO survey said that faculty would like more updates and information on SLOs. Still missing Assessment Reports; only about 65% completed—deans will be working with faculty to finish these. Southern California Symposium is in February—let Adam know if you are interested. ACCJC Follow-up Report is ready for submission. No final date on ACCJC visit in November.
- H. Student Equity—Dr. Ochoa engaged faculty and staff last week. Returning to provide two more parts. November 16 we will be hosting a guest speaker on what it means to be an immigrant American.
- I. OEC—members of the committee are reviewing faculty online communication process; OEI creating new rubric for course requirements.
- J. IEC—first meeting last week; nothing to report.
- K. Program Review—22 programs up for review; need volunteers to serve on the review committees.
- L. Safety—met with Mark Ferguson, new Director of Facilities. Discussed committee procedures; need committee members for next year—2 meetings a semester on a Friday. No drill this semester.
- M. MIS/Enterprise—not yet meet.

VII. Announcements:

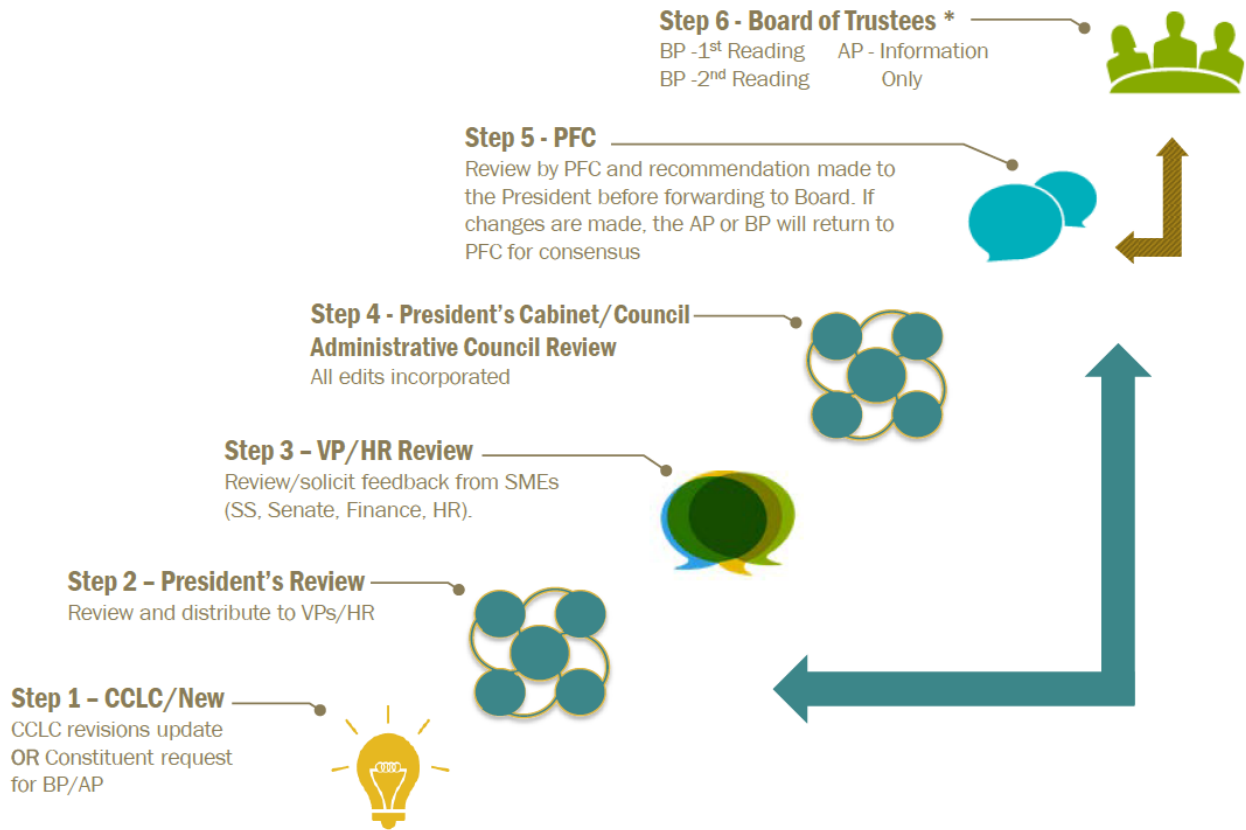
- A. Art Walk at Brewery was great!

VIII. Public Comment – none.

IX. Adjournment: 2:07 p.m.

Addendum A

Board Policies (BP) & Administrative Procedures (AP) Review Process





Academic Senate 2016-17

Board Policies & Administrative Procedures Review Timeline

Review Cycle – Annual and Comprehensive Chapter Reviews

Goal 1: Six Year Review Cycle of all policies and procedures - aligned with accreditation visits

Goal 2: Annual Review of policies and procedures incorporating biannual legal updates issued by CCLC

Six Year Review Cycle			
	Summer Term	Fall Term	Spring Term
2016-17 Chap 1,			
2017-18 Chap 3		Step 4 President's Cabinet President's Council	
2018-19 Chap 4	Steps 2, 3 Presidential/VP/HR Review	Administrative Council Review	Steps 5,6 PFC and Board Review
2019-20 Chap 5			
2020-21 Chap 6			
2021-22 Chap 7			
Annual Review Cycle - * If needed for catalog or compliance updates, all reviews occur in fall semester			
Fall Legal Updates	Summer Term	Fall Term	Spring Term
	Step 6 Board Review of updates, as needed	Steps 2,3,4, President/VP/President's	Steps 5, 6 PFC and Board Review
CCLC Spring Legal Updates	Summer Term	Fall Term	Spring Term
	Steps 2, 3 Presidential/VP/HR Review of spring updates	Step 4 President's Cabinet/ Admin Council Review	Steps 5,6 PFC and Board Review



Academic Senate 2016-17

Addendum B

Expert Insight on the Need for Physical Activity for Veterans

Experts: Dr. David Hodva, Professor of Neurosurgery and Director of the Brain Injury Research Center at UCLA; Dr. James Kelly: Medical Director of NICOE : “ Need behavioral health with more of a rehab/ sports model. Therapies include art, physical activity, yoga/meditation.”

Research: Davidson, C. L., Babson, K. A., Bonn-Miller, M. O., Souter, T. and Vannoy, S. (2013), **The Impact of Exercise on Suicide Risk: Examining Pathways through Depression, PTSD, and Sleep in an Inpatient Sample of Veterans.** *Suicide Life Threat Behav*, 43: 279–289. doi:10.1111/sltb.12014

Abstract

Suicide has a large public health impact. Although effective interventions exist, the many people at risk for suicide cannot access these interventions. Exercise interventions hold promise in terms of reducing suicide because of their ease of implementation. While exercise reduces depression, and reductions in depressive symptoms are linked to reduced suicidal ideation, no studies have directly linked exercise and suicide risk. The current study examined this association, including potential mediators (i.e., sleep disturbance, posttraumatic stress symptoms, and depression), in a sample of Veterans. SEM analyses revealed that exercise was directly and indirectly associated with suicide risk. **Additionally, exercise was associated with fewer depressive symptoms and better sleep patterns, each of which was, in turn, related to lower suicide risk.**

Student-Veteran Insights. *The Life Stories of Women Warriors: An Exploratory Study of Female Student-Veterans Balancing the Transition to College*

“Many spoke of other activities for **self-care**, such as reading, exercise, listening to music, or playing with their children.

Kim: I like to go and do the 5k's and I just recently did a half-marathon and I would eventually like to do a full marathon. **I run a lot. That does help.**

Fran: **I like to go to the gym and relieve stress.** I try to take very, very good care of myself with how I treat my body and what I eat and all that. I rarely watch TV. I read. I like reading. And my kids, I like playing with them.

Rose: I've been exercising because next month we have what's called a PT test, and it's mandatory for everyone to do in the army. **I've been just running. It's been really helpful. It's also a stress reliever.”**

“Americans are not strong advocates for proactive programs (Townley et al., 2001), and **college faculty and staff are not being trained to identify brain injury issues or understand the unique needs of the student-veteran.** According to Dr. James Kelly, this is a missing component for veterans, especially those with TBI and PTSD, and educating those who work with veterans about behavioral insight and emotional problems is greatly needed (J. Kelly, personal communication, May 28, 2013).”